



Dear Year 6,

We realise that this is a very confusing time for you all and I have no doubt that you have lots of questions about school, your SATs and more importantly, about the Coronavirus itself. This is a tricky time for everyone, especially your parents and carers who will have many questions themselves.

We want you to feel supported and to know that there are lots of people around you who care about you and will do their very best to support you. Remember to share any worries that you may have and to keep yourself busy whilst at home.

How can I continue my learning at home?

You will have received a Home Learning Pack which includes lots of fantastic ideas on how to structure your day, as well as plenty of online resources for you to enjoy. Take some time to sit with an adult to read through the packs and start to think about how you will organise each day.

We have heard that SATs have been cancelled. What does this mean?

We are incredibly proud of your hard work and dedication so far this year. You have developed more independence, a huge amount of resilience and, most importantly, you are very aware of who you are as both learners and as young adults.

With this in mind, we will be preparing SATs-style assessments for you to hopefully take in the Summer term. We would like you to continue with your learning at home and to prepare for these assessments by using all of the online tools and CGP Buster Books as well as any other resources that you may have. Having worked so hard up until this point, it would be a real shame to let things slip.

Combining our teacher assessment with a written assessment, we will do all that we can to enable you to have the full Year 6 experience. This will allow us all to give your secondary schools knowledge of your September starting points and of course enable Dr Hope, Waterfield School and your friends and families a chance to celebrate your achievements and superb commitment to your learning.

How can I take care of myself?

Your health and well-being is very important. Try not to spend too much of your energy worrying about coronavirus. Instead, do things that you enjoy and keep yourself busy. Continue to maintain good hygiene by washing your hands regularly. It's good to talk! Keep checking-in with a trusted adult and do not be afraid to ask questions. Think about things which usually help to make you feel a bit calmer. If you are at home, music, breathing and relaxation techniques, distraction (such as watching something funny), and time with family members or pets can all help.

We would encourage you to exercise regularly to keep your mind and body healthy. Try to reduce the time spent sitting or lying down and break up long periods of not moving with some activity. Aim to spread activity throughout the day. All activities should make you breathe faster and feel warmer.

Remember...We are here to support you and your parents and carers. You are fantastic and we are so proud of you!

Best wishes,

Mr J Purveur – Assistant Principal (Upper School) & Year 6 Class Teacher

Mr E Lockton – Year 6 Co-Teache