

Year One

Home Learning

Pack 1

2020



YEAR 1 – Home Learning Pack 1



Due to school closure, we are asking that parents take their role as co-educator seriously. We recommend setting time aside each day in which the children formally sit down and complete learning. In order to facilitate this, we are providing several activities – some of which are based on the internet and others that can be completed with little equipment or via booklets provided.

**All children should complete at least 20-30 minutes of reading each day.
This can be separated into blocks for younger children.**

Please use **OXFORD READING BUDDY** – This can be accessed on phones, tablets and computers.

Hear children read aloud – focus on fluency and for older children asking them to put expression into their reading.

Please ask the children questions about the text:

What has happened?

Why do you think that word was chosen?

Why do you think X did Y?

Can you find another word that means the same as _____ ?

What does that word mean?

Can we learn to spell that word?

Younger children will be provided with PHONICS resources – this will include online access to programmes, high frequency words to practice and possibly sound mats.

Every NIGHT please read your child a BEDTIME STORY – this is not on a tablet or device – we would encourage an adult to sit and read a story with their child where possible.

<https://www.oxfordreadingbuddy.com/uk>

USER GUIDE - https://www.youtube.com/watch?v=hr9wirOTVlw&feature=emb_rel_pause

English: A PAPER PHONICS PACK HAS BEEN PROVIDED FOR YEAR 1

Please also learn the HIGH FREQUENCY WORDS THAT HAVE BEEN SENT HOME – SEE THE ENGLISH TASK BELOW ON THE GRID.

These websites have phonics-based games for your child to try with you.

- www.phonicsplay.com website There are free phonics games to play on this website ('Obb and Bob' focuses on real and alien words)
- <https://www.teachyourmonstertoread.com/> website this is free but can only be accessed by a computer.
- How many words can you think of and write with the sounds ay/ ai/ a-e (make, flame, etc) ee/ ea/ e-e, igh/ ie/ i-e, ow/ oa/ o-e, oo/ ew/ u-e...
- Practise reading and spelling the Tricky Words on the back of the Sound Mat. Challenge! Can you write one or more of these words in a sentence?

PURPLE MASH

All children have access to a Purple Mash Account from Year 1 upwards and the teachers have set tasks to complete on Purple Mash – please log in and follow the tasks set.

We suggest the children look at the following areas in PURPLE MASH



MiniMash – Although for Early Years this has some great resources to get the children using mice and getting to grips with computer basics.



2Type – Start learning to Touch Type. It would be great for the children to practice 10-15 minutes a day.



MYMATHS The school has purchased a subscription to MyMaths – an interactive teaching programme. We ask that children log on to MyMaths and complete the tasks set by their teachers.

Other websites that can help maths include:

www.whiterosemaths.com

www.oxfordowl.co.uk

www.topmarks.co.uk

Year Group Tasks – Not based on Internet- Please try to complete as many tasks as possible. These can be repeated many times.

MATHS- Number

Number Hunt: Practise recognising numbers around the home. Say the number and what comes before and after it. What's the largest number you can find? What's the smallest number? Which numbers are even/odd?

Number collage: Can you make a number poster, draw pictures to show the number.

Number quiz: Create crazy number sums by rolling a dice or using the numbers you found in your home. How many ways can you make 1,2,3,4,5,6,7,8,9,10? Can you find a pattern?

MATHS- Measurement

Choose 3 objects and compare their length- say or write sentences using the words: longer, shorter, same, taller, height, length.

Try measuring an object (pencil) using cubes or buttons. How many buttons long is the object? Estimate then try it out, how close were you?

Now choose 2 objects hold one in each hand. Which is heavier? How do you know? If you have scales at home can you weigh the objects to see which is heavier?

Can you use the scales to do some baking?

D&T

Use empty cereal boxes or egg cartons to create a 3D ALIEN. How will you join the arms and legs? Can you make them move? If you have Christmas lights, can you make its eyes light up? Can you decorate it? Now make up an ALIEN name and use your phonic sounds to sound it out. Take a photo of your Alien – Print it ready to come back to school for our super display, You could even write some instructions. You could even use PURPLE MASH to help you.

ART

- *Sea Creature Collage:* Create your own sea creature collage using odd bits and bobs from around the home or re-cycling boxes, e.g. buttons, wool, magazines, comics, cardboard boxes, old clothing etc... ask an adult to help you to cut up the pieces to create your collage.
- Design a poster using re-cycled materials to tell people about the importance of reducing waste.
- Draw, paint, create a whale using as many different shades of blue as you can find.

Music

- Sing a song you learnt in school.
- Can you make up your own song and using clapping or tapping for the rhythm?

PE

- Can you count how many times you go up and down the stairs in a day?
- Use a soft toy to practise throwing and catching.
- Can you create 3 new balances? How long can you hold them for?
- Can you do 10 minutes of stretching each day?

Writing

- Create a story about your favourite sea creature- where does it go? Who does it meet?
- Create a poster all about the importance of re-cycling.
- Can you write a postcard to describe what you have done since you have been away from school.
- Practice your CURSIVE handwriting – remember each letter starts on the line. Ask your adult to choose section of text for you to copy and decorate. Who can come back with the most beautiful handwriting?
- Remember when writing to grip your pencil properly.

English – THE WORD CHALLENGE

We will send home the High Frequency Word list for your Year group. Can the children learn to SPELL every word on that list?

Here are some strategies they could use:

Look Cover Say Write Check

For this method Look at the word. Cover the word.

Say the word aloud

Write the word.

Uncover the word and check your spelling.

Repeat until you have memorized the spelling.

Pneumonic

Make a fun way of remembering the word – For example WHY could be remembered by thinking:

Waterfield's

Happy

Yetis

W-H-Y

You could even draw a little poster to remember your silly saying!

Rainbow Writing

Copy the word in one colour, then another, then another – creating beautiful rainbow pattern.

Alternatively use a different colour for each letter.

SING it * SAY it * SPELL it

Sing your Word and the letters.

Say your word and the letters (try in a funny voice – like a troll, like a pixie, in a whisper etc).

Write your words by remembering your Song or way of saying it.

Geography

- Draw a map to go with your sea creature story- can you label the countries and the oceans? Maybe you could watch an episode of BLUE PLANET on BBC Iplayer.
- Can you design a map world for your ALIEN? What features does your world have? Mountains? Caves? Oceans? Lakes? Can you label them.

In order to assist you at home we have devised the suggested timetable below.
This is ideal for children in Year 1.

Before 9:00	Get up, make your bed and fold your pyjamas. Have a healthy breakfast – Try to have your breakfast at a table and catch up with your adult through a conversation about what is happening today.
9:00-10am	English In this session complete some Phonics, Spelling and or an English Activity.
10:00-10:30am	Healthy Snack and Break. Maybe go outside in your garden (<i>depending on current advice from the Government</i>) and stretch your muscles and get some fresh air. If you need to be inside, possibly try following some PE activities on: https://www.jumpstartjonny.co.uk/free-stuff
10:30-11:30am	Maths Younger children may like to watch Numberblocks or another Maths based show. If you have the internet, check Mymaths for a maths activity. If you can't use the internet then try one of the Maths challenges above in your exercise book.
11:30-12:30am	Break for Lunch Help your adults by assisting in making your lunch. You can learn a lot by taking and giving instructions (you could play 'Sandwich Robots' where someone makes a sandwich but only exactly as you say – make sure you are clear, and your instructions are in full sentences – can you use adverbs to make sure your lunch is made in the way you like?). Make sure you clear away your plates and assist in doing the washing up – it's important everyone works together in a home. During lunchtime, why not try listening to the radio. You could try and enjoy different types of music on Classic FM, listen to BBC iplayer's 'Jackanory' (https://www.bbc.co.uk/programmes/b007t9wg) or listen to a PODCAST or purchase an Audiobook. Amazon are offering lots of free audio books at the moment – ask your adult to download the AUDIBLE app and explore. You can sit together and then discuss the latest chapter/story/musical piece explored.
12:30-1:30pm	Why not choose one of the activities above or explore some online learning from the many recommended sites. Remember, we have set you all the 'High Frequency Words' to learn – these are tricky and will require a lot of practice.
1:30-2:30 pm	Topic Time – Now is the time for everyone to explore some of the other subjects – try completing one of your 'Take Home Challenges' or have a go at one of the activities we have outlined above. If you can't find your 'Take Home Challenges' these are all on our 'Curriculum Section' on the School Website.
Afternoon Discovery Time	During the afternoon we would like you to spend some time with people at home (as long as they are not unwell). Try spending some time together: <ul style="list-style-type: none"> • Playing a boardgame and completing a jigsaw puzzle • Learn a new card game (you could share this when we are back at school) • Start a book group – where everyone reads a part of the same story and the discusses. • Write a letter to a relative or friend with SOMEONE else – you could create a Family Newsletter where you update other people on the goings on in your household. • Put on a play – make the costumes, write the script and perform for your family • Learn a new skill – sewing, knitting or a craft – I wonder who can come back to school as an EXPERT in something? • Write a poem or create a song to perform together.
BEFORE BED	During the afternoon: Everyone should READ – this will involve you reading to an adult and answering some questions on your reading book. When you go to bed, ask your grown up to read you a bedtime story, if they are able to. Remember, you also have your Oxford Reading Buddy to help in this.

How to keep Active when Learning at Home.

Choose some of these activities to fill your afternoon sessions or your breaktimes when completing your Home Learning.

1. The floor is lava: Can you create a furniture course around your house so that you don't have to touch the floor. Too easy? How could you make it harder? Can you hold onto someone's hand whilst going around? How are you going to support one another? Could you manage it with only one foot? How about restricting the number of steps you take?

2. Animal races: Hop like a bunny or frog; squat and waddle like a duck; and so on. Mix it up with **Follow the leader:** copy the person at the front – can you catch out the people following you by changing from very small animals to very tall animals?

3. Play with a balloon: There are endless ways to play with balloons indoors. Try to keep it off the ground or just play catch. Mix it up with balloon tennis where you and a partner play a game of tennis over an obstacle. If the balloon hits the floor on your opponent's side you get a point.

4. Dance party: Turn on the music and shake it off. Why not ask your carers to show you their favourite songs when they were at school.

5. Popcorn pushups: Put a small bowl of popcorn on the floor. Lower yourself down and stick out your tongue to get a piece of popcorn with each go. How many can you get in one minute?

6. Active Xbox – between every game on a console/phone/computer roll a dice to see which challenge you complete: 1 - double the number of minutes you have played and do that many star jumps; 2 - go up and down the stairs on your hands knees; 3 - touch every tap in the house and wash your hands for 20 seconds; 4 – balance on each foot for 20seconds (too easy? Bend down, touch your toe, stand up straight, repeat); 5 – throw up a ball and catch it 10 times in a row (too easy? How many times can you clap in between); 6 - switch it off and do something else for at least 30 minutes.

7. Personal Challenge: Pick something you cannot do or want to get better at and set yourself a target to reach. Remember, it should take you at least a week to achieve it. Possible examples: kick ups, catching with your weaker hand, skips in a minute, to juggle. Don't forget to make of record of yourself at the start and then at the end to share at school.

8. Active Videos: Learn a dance linked to the curriculum on BBC Super Movers or GoNoddle.com. Or go to www.jumpstartjonny.co.uk/free-stuff for some more free, energetic videos. Can you teach it to everyone in your household?

9. Cosmic Kids Yoga: Check out Cosmic Kids on [Youtube](https://www.youtube.com/channel/UC8X0jTjD8Uz1U8U8U8U8U8U8) to learn how to do yoga in a fun narrative.

Digital Citizenship

Finally, we have made lots of recommendations regarding digital learning opportunities. Please always discuss INTERNET SAFETY with your children. During anytime at home, be careful to monitor digital communications between children. Always set up technology time and set a duration for 'Screen Time'.

Please check out: www.swiggle.org.uk as a child friendly search engine.

www.thinkuknow.co.uk – contains information on staying safe online and when using tablets, phones etc.

Always copy Youtube links into <http://www.viewpure.com/> to avoid adverts, comments and filter content.