

Spring Term - Reception - Help at Home sheet

Here are some ideas of how you can help me grow and learn at home. Please do as many of these as often as you can with me.

Play games with me such as pairs, snakes and ladders, bingo or ludo to help me to develop my sharing and turn-taking skills.

Support me to listen to others and to ask questions about what they have said.

Encourage me to try new activities.

Ask me questions about what I am doing. Use questions that start with 'Why' or 'How' to help me to develop my reasoning skills.

Encourage me to be still and to look at a person when they are speaking to me. This helps me to further develop my listening and attention skills.

Teach me to do up and undo zips, toggles or buttons. Help me to learn to put on and take off my shoes, carefully matching the velcro, doing up the buckle and begin to lace my shoes.

Help me to hold a pencil and write my full name using the correct letter formation.

Encourage me to make different potions from natural materials outside or using ingredients you no longer need from the cupboard.

Help me to explore and notice different textures and name them with me: sticky, lumpy, bumpy, wet, dry, powdery, thick, gloopy, hard, grainy, rough, smooth, heavy.

Encourage me to join in with family routines and celebrations. Tell my teacher what I have been up to so that I can share my experiences.

Teach me to order numbers 1 – 20. Take one away without me seeing – can I guess which is missing?

Help me to write numbers correctly and begin to write number sentences to record my understanding of number e.g.

$$5 = 2 + 3 \quad 10 = 7 + 3 \quad 7 - 3 = 4$$

Help me to learn 'tricky red words' by sight. Hide different tricky words around the home for me to find or help me to point to 'tricky red words' in bedtime stories.

Encourage me to write shopping lists for your food shop. I could use a sound mat to help me.

Point out differences in the environment to me when we go somewhere new – in town there are fewer trees, but more people.



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