

Thought Support Guidance

When children are calm and reflecting, after making a poor behaviour choice, possibly within a different setting, questions and thought provokers could be used to encourage children's acceptance of responsibility and as a starter for understanding where a positive behaviour choice could be made. Depending on the child and event, one or as many questions as necessary, could be shared with the child, an adult can support the child or he/she could work and reflect independently if appropriate. This support could be used in a variety of different ways and at different stages of the child's 'crisis line'. The child can draw, write or both as appropriate, as many thought bubbles as needed may be used. When the child, through discussion has recognised the positive choice he/she could have made, this could be drawn or written to refer to, in the future, if the child is at risk of the same behaviour pattern.

The questions are a guideline only, and will probably have to be changed according to the child/event. Similar questions linked to the event should be used to open a discussion.

Can you tell me what happened and draw a picture of the event?

How did what others say or do make you feel?

How do you think what you said and/or did made them feel?

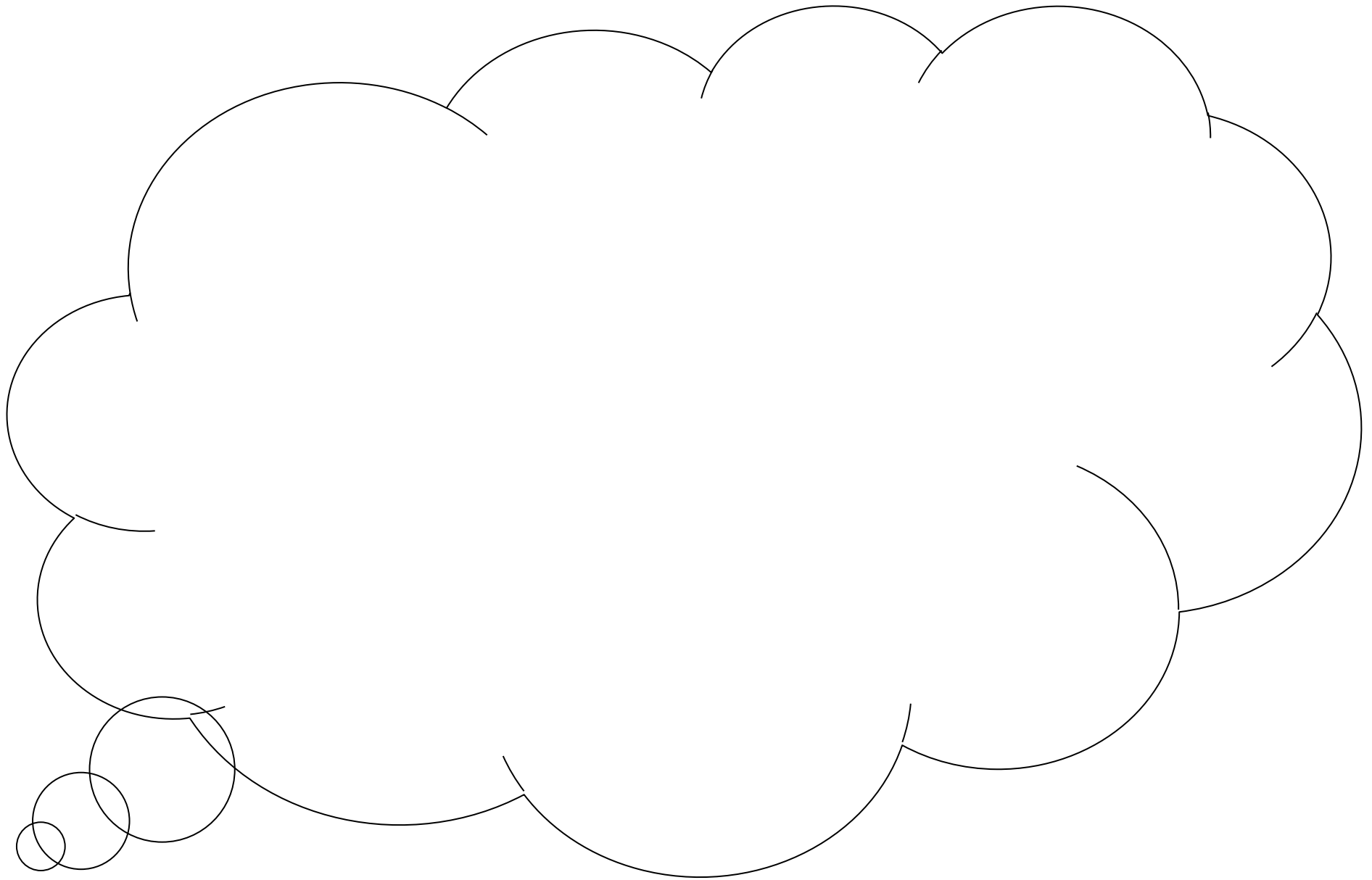
What could you have done differently?

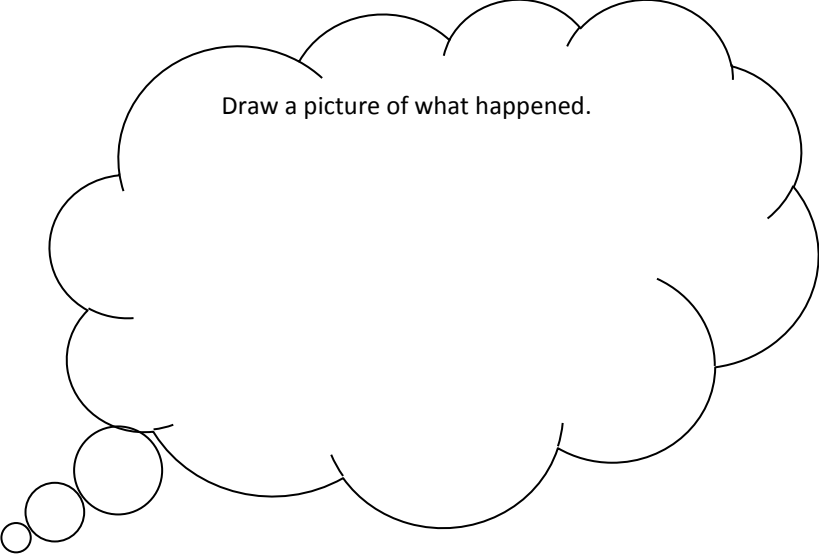
If you had ----- (Children's idea) instead, what may have happened?

What would you do differently next time?

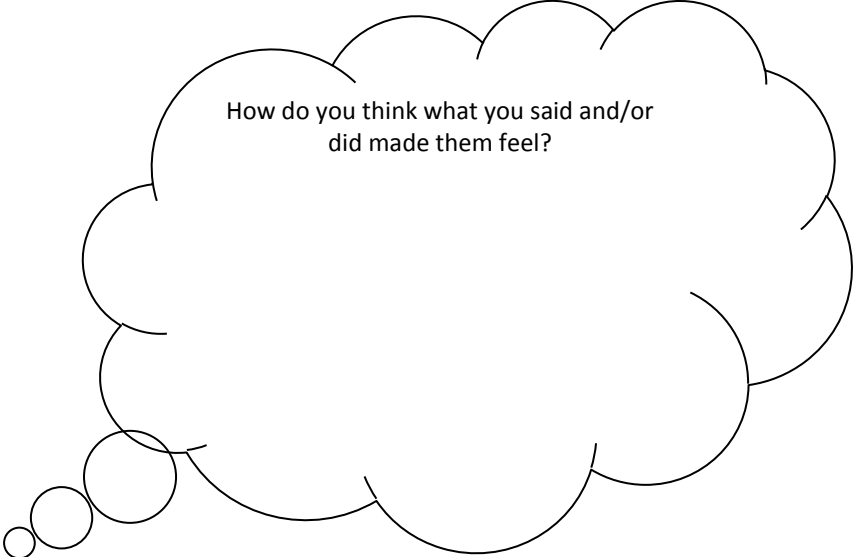
What would you like to say to ----- now?

Thought Support

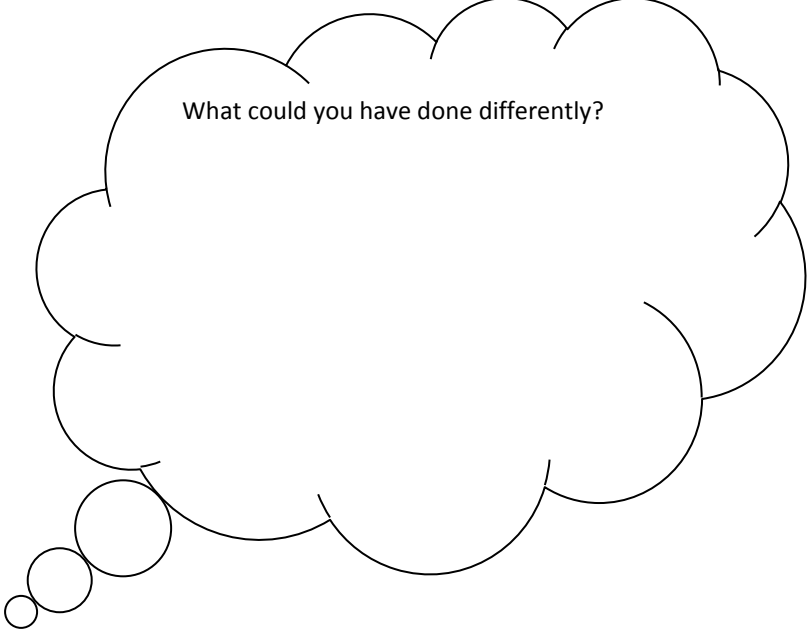


A large thought bubble with a scalloped border and three smaller circles leading to it from the bottom left.

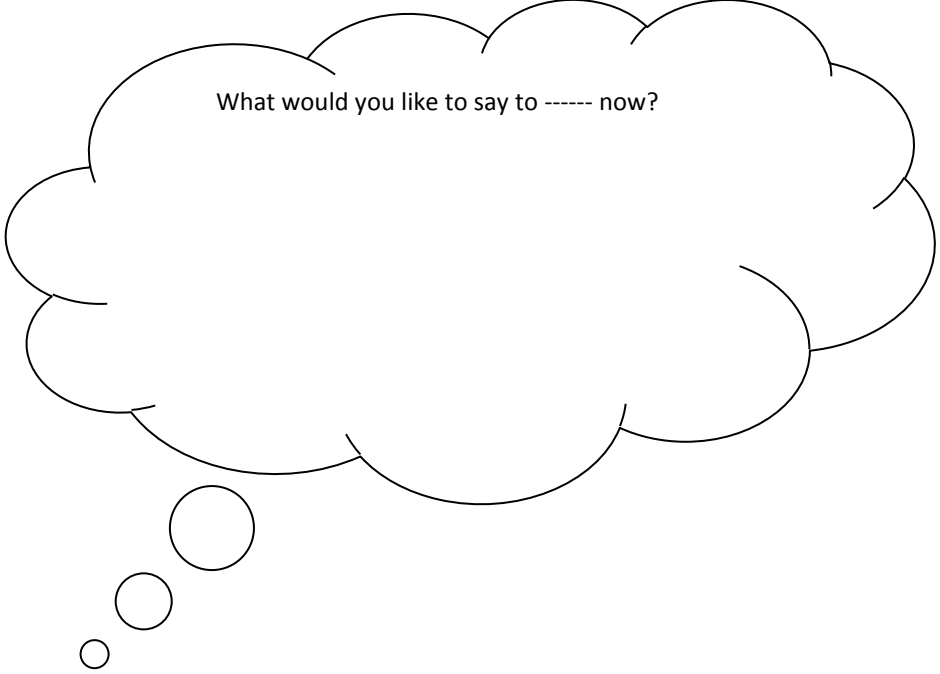
Draw a picture of what happened.

A large thought bubble with a scalloped border and three smaller circles leading to it from the bottom left.

How do you think what you said and/or did made them feel?

A large thought bubble with a scalloped border and three smaller circles leading to it from the bottom left.

What could you have done differently?

A large thought bubble with a scalloped border and three smaller circles leading to it from the bottom left.

What would you like to say to ----- now?